

GURU NANAK COLLEGE OF NURSING



GNM, Diploma (3 year) after 10+2 any stream

BSc (N) Degree (4 year) after 10+2 (Medical Stream)

PB BSc (N) Degree (2 year) after GNM

Affiliated to Baba Farid University of Health Sciences, Faridkot

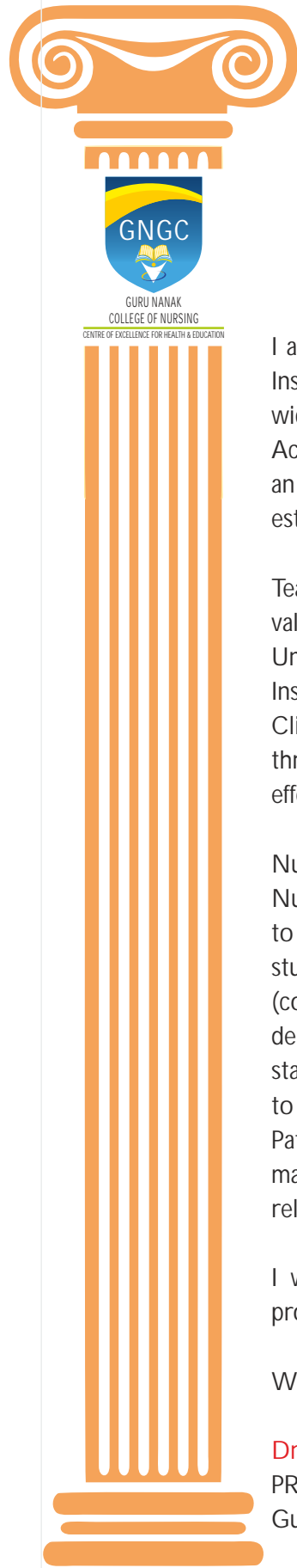
Approved by Punjab Govt. / PNRC, Chandigarh /

Indian Nursing Council, New Delhi

GURU NANAK COLLEGE OF NURSING

Ludhiana-Malerkotla Road, Gopalpur, (Near Dehlon) Distt. Ludhiana -141 118

e-mail : gncnursing@gmail.com | Website : www.gnes.in



Principal's Message



I am greatly honoured to pen down a few lines for the prestigious Institutions of Guru Nanak Educational Charitable Society (Regd.), Gopalpur which encompasses a wide range of Educational faculties. Ayurvedic Medical Education and Surgery, Nursing Sciences, Academic Education and Research. The intricate works of our patrons -Dr. Balwinder Singh Walia, an eminent educationist and Dr. Iqbal Singh Walia the General Secretary of the Society have established education as a dialogue between the teacher and the students.

Teachers play a significant role in promotion of excellence and values. A nursing student requires value education from a vast curriculum prepared by Indian Nursing Council and Baba Farid University of Health Sciences. As other systems of medicine are also included in the syllabus, this Institution will be able to enrich the students learning from theoretical and practical exposure in Clinical practice area & research. This will enable the students to impart health to the masses through prevention of disease, promotion of health and controlling the chronic diseases with an effort to minimize the occurrence of a disease.

Nursing Education is based on scientific foundation which imparts value education to the students. Nursing as a science enables the student to think independently, study the problems critically so as to cater to the needs of patients and community at large. Nursing curriculum is designed to enable students to understand the objectives framed for each subject so as to increase knowledge (cognitive domain) develop a right attitude towards the clients (affective domain) and to demonstrate effective nursing skills (psychomotor domain). They are trained to take a definite stand against all forces of degradation and to cultivate an awareness of higher transforming values to become an agent of social transformation. With the synchronized efforts on the part of the Patrons of the Institute, the Principal and Faculty of the three colleges, the students can be maneuvered in the right direction to be professionally competent spiritually alive and socially relevant by attaining perfection in nursing education, practice and research.

I wish all the three colleges a great success in their endeavor towards their educational, professional and research field and prepare professionals and academicians to serve the humanity.

With blessings of the Almighty

Dr (Mrs) Harvinder Kaur
PRINCIPAL CUM PROFESSOR
Guru Nanak College of Nursing



Message

I feel honoured to be associated with Guru Nanak College of Nursing, Gopalpur. This organization is playing a very important role in giving directions to our youth. Nurses are to promote health, prevent disease and help patients to cope with illness. They have a unique scope of practice and can practice independently, although they also collaborate with all members of the health care team to provide the care needed by each patient as an individual. Nurses are hand-on health professionals who provide focused and highly personalized care. The field has wide range of career opportunities ranging from entry level practitioner to doctoral level researcher.

Nurses also serve as advocates for patients, families and communities. They develop and manage nursing care plans, instruct patients and their families in proper care and help individuals and groups take steps to improve or maintain their health.

I hope that all the students of Guru Nanak College of Nursing, Gopalpur will reach the heights of excellence to serve the humanity. This is an opportunity to serve God by serving the patients.

With blessing of the Almighty

Mr. Jitendra Singh Dhakar
Associate Professor





The COLLEGE

Guru Nanak College of Nursing, Gopalpur was established in September, 2008 by Guru Nanak Educational Charitable Society (Regd.), Gopalpur under the leadership of its honourable President, Dr. Balwinder Singh Walia with the aim to help the students the adjoining areas in their personal and professional development so that they are able to make maximum contribution to the society as useful and productive individuals, citizens as well as efficient nurses. The 1st Batch of B.Sc. Nursing joined this college on Oct 2009.

The College is recognized by Indian Nursing Council New Delhi and Punjab Nurses Registration Council, Chandigarh, approved by the Punjab Govt and affiliated to Baba Farid University of Health Sciences, Faridkot.

It is situated in a peaceful and pollution-free environment on Ludhiana-Malerkotla road at Gopalpur, near Dehlon, surrounded by many villages with 9 undergraduate Colleges & 38 schools. With greenery all around, this prestigious College of Nursing with its peaceful environment presents a healthy atmosphere for studies. The College equipped with all the basic requirements and infrastructure, including spacious and airy class-rooms, play grounds, lawns and other amenities.

FEATURES OF THE COLLEGE:

To prepare nurses to keep pace with latest

professional, technological and clinical knowledge for best achievement in the nursing field. Guru Nanak College of Nursing, Gopalpur has a separate building, well ventilated classrooms constructed according to the I.N.C. & P.N.R.C. and state Govt. norms.

- ◆ Students are posted in multi specialties hospitals for clinical experience under guidance of faculty members.
- ◆ Well maintained Library-facilities are provided to the students with all kinds of books, journals & magazines available in the library.
- ◆ Students are involved in professional as well as extra curricular activities organized by the college from time to time. They attend conferences, Seminars and Celebrate W.H.O. Day and Nurses week and many more.
- ◆ Students participate in National Health programs organized by Govt. as Pulse Polio and other National programs.
- ◆ Domiciliary care and community Health Nursing Services are rendered by the students under guidance & supervision of a trained teachers.
- ◆ Transportation facilities are provided to the students for clinical Posting in Hospital.

Introduction

Nursing is a science and an art. It is in fact a vocation which harmoniously combines the two aspects.

Today nursing has become a highly respected and skilled profession. The modern nurse is well informed about the sophisticated equipments used in diagnosis and treatment therapy, latest surgical procedures, intensive care of the severely ill besides haemodialysis, organ transplant and a host of other complicated and difficult tasks which she/he may be handling in her/his daily routine. Her/his role in community health, child welfare and family planning is assuming a great importance day by day.

The Professional Nursing services meet the physical, psychological, spiritual and social need of the human beings.

Candidates, desirous of joining this noble career, satisfying the basic requirements of the respective degree / diploma courses undergo the training in recognized schools or colleges. After completion of the same, they get themselves registered with the State Nursing Council or the Indian Nursing Council, New Delhi after which they can serve in India or abroad.

PHILOSOPHY (As per INC Norms)

INC believes that:

Health is a state of well-being that enables a person to lead a psychologically, socially an economically productive life. Health is a right of all the people Individuals, families and communities have a responsibility towards maintaining their health.

Nursing contributes to the health services in a vital and significant way in the health care delivery system. It recognizes national health goals and is committed to participate in the implementation of National Health policies and programmes. It aims at identifying health needs of the people, planning and providing quality care in collaboration with other health professional and



Baba Farid University of Health Sciences, Faridkot

community groups.

Scope of nursing practice encompasses provision of promotive, preventive, curative and rehabilitative aspects of care to people across their life span in wide variety of health care settings. Practice of nursing is based upon application of basic concepts and principles derived from the physical, biological and behavioural sciences, medicine and surgery.

Nursing is based on values of caring and aims to help individuals to attain independence in self-care. It necessitates development of compassion and understanding of human behaviour among its practitioners to provide care with respect and dignity and protect the rights of individuals & groups.

Undergraduate nursing program is broad based education within an academic framework specifically directed to the development of critical thinking, skills, competencies & standard required for practice of professional nursing and midwifery as envisaged in National Health Policy 2002.

The teachers have the responsibility to be role models and create a learning environment that enables students to acquire inquiry driven, self directed learning and foster an attitude of life long learning.



Under graduate nursing education program prepares its graduates to become exemplary citizen by adhering to code of ethics and professional conduct at all times in fulfilling personal, social and professional obligations so as to respond to national aspirations.

AIM:

The aim of the undergraduate nursing program is to:

- * Prepare graduates to assume responsibilities as professional, competent nurses and midwives in providing promotive, preventive, curative and rehabilitative services.
- * Prepare nurses who can make independent decisions in nursing situations, protect the rights of and facilitate individuals and groups in pursuit of health, function in the hospital, community nursing service and conduct research studies in the area of nursing practice. They are also expected to assume the role of teacher, supervisor and manager in a clinical/public health settings.

OBJECTIVES:

On completion of the four year B.Sc. Nursing program the graduate will be able to:

1. Apply knowledge from physical, biological and behavioral sciences, medicine including alternative systems and nursing in providing nursing care to individuals, families and communities.
2. Demonstrate and understanding of life style and other factors, which affect health of individuals and groups.
3. Provide nursing care based on steps of nursing process in collaboration with the individuals and



4. Demonstrate critical thinking skills in making decisions in all situations in order to provide quality care.
5. Utilize the latest trends and technologies in providing health care.
6. Provide promotive, preventive and restorative health services in line with the national health policies and programmes.
7. Practice within the framework of code of ethics and professional conducts and acceptable standards of practice within the legal boundaries.
8. Communicate effectively with individuals and groups, and members of the health team in order to promote effective interpersonal relationships and teamwork.
9. Demonstrate skills in teaching to individuals and groups in clinical/community health settings
10. Participate effectively as members of the health team in health care delivery system.
11. Demonstrate leadership and managerial skills in clinical/community health settings.
12. Conduct need based research studies in various settings and utilize the research findings to improve the quality of care.
13. Demonstrate awareness, interest, and contribute towards advancement of self and of the profession.



GURU NANAK
COLLEGE OF NURSING
CENTRE OF EXCELLENCE FOR HEALTH & EDUCATION

Course / Admission

COURSES OFFERED : (ADMISSION FORMS AVAILABLE IN THE COLLEGE)
Following full time courses would be conducted at Guru Nanak College of Nursing, Gopalpur

1. G.N.M. (General Nursing Midwifery): 3 years

E.Q: +2 in any stream from any recognized Board or University with 40%

Age: 17 to 35 years.

2. B.Sc. Nursing: (Duration: 4 years).

Admission through entrance test- conducted by Baba Farid University of Health Sciences, Faridkot

E.Q.: +2 Medical Stream with 45% marks

Age: Candidates has completed the age of 17 years on or before 31 December of the open of admission.

3. PB. B.Sc. (N) (Duration : 2 years) After GNM Course

SYLLABUS: As prescribed by Indian Nursing Council, New Delhi.

EXAMINATIONS : As per the University Schedule.

DEGREE: On successful completion of the respective programme, the students would be awarded the G.N.M.

Diploma by PNRC/PB B.Sc. (N) Degree / B.Sc. (N) Degrees by Baba Farid University of Health Sciences, Faridkot

Admission of the students shall be once in a year. Students should be medically fit.

A Student is required to submit the following documents:

Application must be made to the Principal Guru Nanak College of Nursing, Gopalpur on the prescribed form. It must be accompanied by copies of the following certificates, duly attested by any Gazetted officer:

- ◆ Photocopy of the certificate of passing 10+2 or equivalent examination.
- ◆ Photocopy of the marks obtained in 10+2 or equivalent examination.
- ◆ Photocopy of Matriculation certificate for confirming the date of birth.
- ◆ Photocopy of higher qualification certificate of any .
- ◆ Five copies of recent passport size photographs.
- ◆ Cast Certificate if any (SC/ST), A character Certificate to be obtained from the head of the previous institution.
- ◆ Residence/Domicile certificate.
- ◆ Migration Certificate (if candidate has passed from outer state)

MEDICAL FITNESS CERTIFICATE:

FEE:

Fee structure, security deposit as per P.N.R.C. norms. Baba Farid University of Health Sciences, Faridkot, Punjab Govt., and INC, New Delhi

NOTE

Candidate should furnish a Surety Bond with Bank Guarantee that they will be liable to pay the balance fee for the whole course even if they leave the institute/course in middle of a session of the academic year.



Examination SCHEME FOR GNM

Examination of Punjab state Nursing council will be held in the month of September. A minimum of 50% marks are required in each subjects.

IstYEAR:

1. Bio - Sciences
 - a. Anatomy & Physiology
 - b. Microbiology
2. Behavioral Sciences
 - a. Psychology
 - b. Sociology
3. Nursing Fundamentals
 - a. Fundamentals of Nursing
 - b. First Aid
4. Community Health Nursing
 - a. CHN - I
 - b. Environment Hygiene
 - c. Health Education & Communication Skills
 - d. Nutrition
5. English
6. Computer Education

Practical : Fundamentals of Nursing

IIIndYEAR:

1. Medical Surgical -I
2. Medical Surgical -II
3. Mental Health Nursing
4. Child Health Nursing

Practical :

1. Medical Surgical Nursing
2. Child Health Nursing
3. Mental Health Nursing

IIIrdYEAR:

Part - I

1. Midwifery & Gynecology Nursing
2. Community Health Nursing -II

Practical :

1. Midwifery & Gynecology Nursing
2. Community Health Nursing -II

Part - II

1. Nursing Education and Introduction to Research and statistics.
2. Professional Trends and Adjustment, Nursing Administrations and ward management.

FIRST YEAR:

Scheme of Examination for B.Sc. (N)

Subject	Assessment			
	Hours	Internal	External	Total
1. Anatomy & Physiology	3	25	75	100
2. Nutrition & Biochemistry	3	25	75	100
3. Nursing Foundations	3	25	75	100
4. Psychology	3	25	75	100
5. Microbiology	3	25	75	100
6. English	3	25	75	100
7. Introduction to Computer		25	75	100
Practical & Viva Voce				
1. Nursing Foundations		100	100	200

SECOND YEAR:

Subject	Assessment			
	Hours	Internal	External	Total
8. Sociology	3	25	75	100
9. Medical Surgical Nursing I	3	25	75	100
10. Pharmacology, Pathology, Genetics	3	25	75	100
11. Community Health Nursing I	3	25	75	100
12. Communication & Educational Technology	3	25	75	100
Practical & Viva Voce				
2. Medical Surgical Nursing I		100	100	200

THIRD YEAR:

Subject	Assessment			
	Hours	Internal	External	Total
13. Medical Surgical Nursing II	3	25	75	100
14. Child Health Nursing	3	25	75	100
15. Mental Health Nursing	3	25	75	100
Practical & Viva Voce				
3. Medical Surgical Nursing II		50	50	100
4. Child Health Nursing		50	50	100
5. Mental Health Nursing		50	50	100

FOURTH YEAR:

Subject	Assessment			
	Hours	Internal	External	Total
16. Midwifery & Obstetrical Nursing	3	25	75	100
17. Community Health Nursing II	3	25	75	100
18. Nursing Research & Statistic	3	25	75	100
19. Management of Nursing Services & Edu.	3	25	75	100
Practical & Viva Voce				
6. Midwifery & Obstetrical Nursing	3	50	50	100
7. Community Health Nursing II	3	50	50	100

Scheme of Examination for Post Basic B.Sc. (N)

FIRST YEAR:

Subject	Assessment			
	Hours	Internal	External	Total
1. Nursing Foundation	2	15	35	50
2. Nutrition & Dietetics	2	15	35	50
3. Biochemistry & Biophysics	3	25	75	100
4. Psychology	3	25	75	100
5. Microbiology	3	25	75	100
6. Maternal Nursing	3	25	75	100
7. Child Health Nursing	3	25	75	100
8. Medical & Surgical Nursing	3	25	75	100
9. English (Qualifying)	3	25	75	100
Practical & Viva Voce				
1. Medical & Surgical Nursing		50	50	100
2. Maternal Nursing		50	50	100
3. Child Health Nursing		50	50	100

SECOND YEAR:

Subject	Assessment			
	Hours	Internal	External	Total
1. Sociology	3	25	75	100
2. Community Health Nursing	3	25	75	100
3. Maternal Health Nursing	3	25	75	100
4. Introduction to Nursing Education	3	25	75	100
5. Introduction to Nursing Administration	3	25	75	100
6. Intro. to Nursing Research & Statistics	2	50		50
Practical & Viva Voce				
1. Community Health Nursing		50	50	100
2. Mental Health Nursing		50	50	100
3. Research Project		50	50	100



NOTE

1. Anatomy and Physiology-Question paper will consist of Sections A Anatomy of 37 marks and B Physiology should be of 38 marks.
2. Nutrition and Biochemistry and Question paper will consist of Section A Nutrition of 45 Marks and section B of Biochemistry of 30 marks.
3. Pharmacology, genetics, pathology: Section A of Pharmacology with 38 marks, Section B of Pathology of 25 and Genetics with 12 marks.
4. Nursing Research & Statistics-Nursing Research should be of 50 marks and Statistics of 25 marks.
5. Minimum pass marks shall be 40% for English only
6. Theory and Practical exams for Introduction to computer to be conducted as college exam and marks to be sent to the university for inclusion in the marks sheet.
7. Minimum pass marks shall be 50% in each of the theory and practical papers separately.
8. A candidate must have minimum of 80% attendance (irrespective of the kind of absence) in theory and practical in each subject for appearing for examination.
9. A candidate must have 100% attendance in each of the practical area before the award of degree.
10. A candidate has to pass in theory and practical exam separately in each of the paper.
11. If a candidate fails in either theory or practical paper then he/she has to re-appear for both the papers (Theory and practical).
12. Maximum number of attempts permitted for each paper is 3 including first attempt.
13. A candidate failing in more than two subjects will not be promoted to the next year.
14. Candidate shall not be admitted to the subsequent higher examination unless the candidate has passed the previous examination.
15. The Maximum period to complete the course successfully should not exceed 8 years.
16. Maximum number of candidates for practical examination should not exceed 20 per day.
17. All practical examinations must be held in the respective clinical area.
18. One internal and one external examiner should jointly conduct practical examination for each student.
19. An examiner should be a lecturer or above from any of college of nursing with M.Sc. (N) in the concerned subject with minimum 3 years of teaching experience To be an examiner for nursing foundations course faculty having M.Sc. (N) with any specialty shall be considered.

VIEW OF TEACHING LABS



CLASS ROOM



COMPUTER LAB



FUNDAMENTAL NURSING LAB



COMMUNITY LAB



MIDWIFERY & GYNECOLOGY LAB



NUTRITION LAB



ANATOMY LAB



PHYSIOLOGY LAB



LIBRARY

TEACHING STAFF

DR (MRS) HARVINDER KAUR

Professor Cum Principal
M.Sc. (N) Medical Surgical Nursing
Ph.D. in Nursing Sciences



Name	Designation	Qualification
Mr. Jitendra Singh Dhakar	Vice-Principal - cum Associate Professor	M.Sc. (N) Psychiatric Nursing
Ms. Anupama K	Vice-Principal - cum Associate Professor	M.Sc. (N) Psychiatric Nursing
Ms. Archana Rani	Assistant Professor	M.Sc. (N) Community Health Nursing
Ms. Teena Jacob	Assistant Professor	M.Sc. (N) Midwifery & Gynecology
Ms. Manpreet kaur	Assistant Professor	M.Sc. (N) Community Health Nursing
Mrs. Jaspreet Kaur	Assistant Professor	M.Sc. (N) Midwifery & Gynecology
Ms. Sandeep kaur	Assistant Professor	M.Sc. (N) Child Health Nursing
Ms. Jagmeet Kaur	Assistant Professor	M.Sc. (N) Community Health Nursing
Mrs. Nardeep Kaur	Nursing Tutor	P.B.B.Sc. (N)
Mrs. Rupinder kaur	Nursing Tutor	P.B. B.Sc. (N)
Mrs. Maninderjit kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Lakhbir Kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Daljit kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Kulwinder Kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Amandeep Kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Harwinder Kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Manpreet Kaur Panaich	Nursing Tutor	P.B. B.Sc. (N)
Mrs. Gurpreet Kaur	Nursing Tutor	P.B. B.Sc. (N)
Mrs. Gurpreet kaur	Nursing Tutor	P.B. B.Sc. (N)
Mrs. Sukhwinder kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Babita Sharma	Nursing Tutor	B.Sc.(N)
Ms. Amarveer kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Gagandeep kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Baldeep Kaur	Nursing Tutor	P.B. B.Sc. (N)
Ms. Harmanjot Kaur	Nursing tutor	B.Sc. (N)
Ms. Ravneet Kaur	Nursing tutor	B.Sc. (N)
Ms. Amandeep Kaur	Nursing tutor	B.Sc. (N)
Ms. Sumanjeet Kaur	Nursing Tutor	B.Sc.(N)
Ms. Harveer kaur	Nursing Tutor	P.B.B.Sc. (N)
Ms. Preet Jot kaur	Nursing tutor	P.B.B.Sc. (N)
Ms. Shahnaazpreet Kaur	Nursing Tutor	B.Sc. (N)
Ms. Ravdeep Kaur	Nursing Tutor	P.B. B.S.c (N)
Ms. Simarjeet kaur	Nursing Tutor	P.B.B.Sc (N)
Ms. Kuljit Kaur	Nursing Tutor	B.Sc. (N)



Topper Students of GURU NANAK COLLEGE OF NURSING

GNM 1st year



AASMA
D/o Abdul Sattar
Marks 365/500



MANJIT KAUR
D/o Nirmal Singh
Marks 358/500



ARSHPREET KAUR
D/o Daljeet Singh
Marks 356 /500

B.Sc. (N) 1st year



SIMAR KAUR
D/o Satnam Singh
Marks 666/900
1st



AFSHA
D/o Maqbool Ahmed
Marks 647/900
2nd



NEHA
D/o Parvesh Kumar
Marks 638 /900
3rd

PB. B.Sc. (N) 1st YEAR



HARJOT KAUR
D/o Harbans Singh
Marks 750/1100
1st



SUMAN RANI
D/o Ghasita Ram
Marks 731/1100
2nd



Amandeep Kaur
D/o Kamikkar Singh
Marks 730/1100
3rd